



Ruth Bible Study

Ruth 1-4

Big Idea: Jesus is alive!

In the Bible, Naomi was a widow whose sons passed away. She was going to be all alone, but one of her daughter-in-laws, Ruth, vowed to stay by her side even though it meant she may never get married again or have children. Ruth was of a different background culturally, but she actually decided to worship Naomi's God. They went back to Naomi's native home and Ruth worked by gleaning or picking up heads of grain that fell in the fields of a wealthy man name Boaz. What she didn't know was that Boaz would become her future husband! God provided for Naomi and Ruth. He honored Ruth for her kindness towards Naomi and for committing to Him and to her family. So, in His kindness, God allowed Ruth to be part of His family, literally and spiritually. She is one of the great, great, great... grandmothers of Jesus!

Ask It

- * Ruth stayed with Naomi when she was lonely. Boaz was kind to Ruth even though she was different. How can we be a friend to someone who is lonely or different from us?
- * God made Ruth part of His family We can be part of God's family when we believe in Jesus. How else does God show kindness to us?
- * Do you think kindness is important to God? (Why?)

Apply It

- * Invite an elderly person, someone from a different culture, or someone who is new to your church over to your home for dinner, dessert or coffee and your homemade snacks. Encourage your kids to show your guest kindness the way Ruth did to Naomi, or Boaz did to Ruth..



Ruth's Honey-Nut Oat Bars

Materials

- Oat cereal (like Cheerios) - about 2 cups
- Peanut Butter - about 1/2-cup
- Honey - about 1/2-cup
- Medium bowl, square or rectangular dish, spoon, waxed paper, scissors, and tape or string

Directions

Take the peanut butter and melt it for about 20 seconds in the microwave. Pour the melted peanut butter into a medium/large bowl. Then add the honey to the bowl and mixed it together. Adjust the honey amount to make it taste sweeter if you'd like. Next, add the Cheerios to the bowl in batches, stirring them in testing the consistency to make sure that they stick together. You want them to be coated in the peanut butter and honey mixture and stick to each other without there being too much of the "sauce" leftover. Pour the coated cereal into a small dish and press it down with a spoon to evenly fit and fill the dish. Lastly, put the dish in the freezer for about a half-hour to an hour — time varies depending on how thick your bars are and how sticky you make them. When the snack is solidified, cut it into bars and wrap them in wax paper and store them in the refrigerator. Serve room temperature or cold.