



11 Play Dough Bible Studies for Families

- Play worship music that reminds you and your family about being made by God.
- Make self-portraits with play-dough and talk about how God made all of your features.
- Ask your little ones, “who made you?” Then respond, “God made you?”
- Ask your older ones, “What does it mean to be created?”
- Talk about how God made us from the dust of the ground, kind of like the flour that makes play dough. Imagine (out loud) being made from clay.
- Read Psalm 139:14 and discuss what it means.
- Play with your creations. Talk about how happy God was to make us.
- Make a heart out of play dough and put random items in it. Talk about the Scripture Psalm 51:10. Then take the random items out of the heart and reform it to make it “clean.”
- Make a caterpillar out of play dough. Then remold it to make a butterfly. Talk about how when we believe in Jesus we become “new creations” (2 Corinthians 5:17).
- Make whatever you want, then talk about how God made us unique.
- Make something that you can use (like a cup or spoon or ball). Talk about how God wants to use us for His glory.



Homemade Play Dough

Materials

Plain white flour

Table Salt

Oil (canola or vegetable)

Cream of Tartar (The little bottles last me forever because you don't need too much of it. It deserves a splurge.)

Water

Gel food coloring (This also lasts me a few months.)

A pot and a mixing spoon

Measuring cup and spoons

A sifter, optional (*helps to keep the play dough lump & white spot free)

Waxed paper, optional (**with clean-up, and generally great for keeping surfaces and the play dough clean when playing with it)

Directions

Measure and add flour, salt, cream of tartar, water and oil to your pot. Stir the pot a little bit before turning the stove to medium heat. Add a couple of strong squeezes of the gel food coloring. Keep stirring, adding more food coloring as desired. The dough will start to thicken into a pancake batter like consistency and then slowly turn more solid until it looks like play dough. Turn the solid dough onto a sheet of plastic wrap. Let it cool a bit so that it isn't too hot for an adult to manipulate and take the time to knead the play dough to work in any food coloring that didn't fully incorporate and make sure that the entire ball is colored versus a marble effect. Makes one batch for one color. Repeat the whole process for each color.